

Dear Parents-

This year, our school will be using a program called **Stimulating Maturity through Accelerated Readiness Training (S.M.A.R.T.)**.

What is S.M.A.R.T.?

S.M.A.R.T. is a multi-sensory approach to learning, based on brain research. This program develops physiological and neurological readiness skills essential to classroom success. The S.M.A.R.T. Program emphasizes stimulating the brain and body to promote richer connections among the neurons. This stimulation helps to increase the capabilities for readiness skill development. Once these readiness skills are in place, children have the foundation necessary to succeed in school.

S.M.A.R.T. activities include: an obstacle course of crawling, rolling, spinning, bouncing and jumping; vision tasks; eye/hand coordination; and a balance beam. The activities are fun for kids, making participation play rather than work. S.M.A.R.T. Activities also encourage and improve a child's physical fitness and body strength. The repetition and frequency of these activities create new opportunities for the body and brain to learn in additional ways.

The S.M.A.R.T. Program is designed so each child progresses at his/her own rate, enhancing the child's abilities in a positive and playful environment. S.M.A.R.T. provides children a proven approach to reach their potential and to become successful learners.

How is the S.M.A.R.T. Program applied?

S.M.A.R.T. integrates activities into the classroom, gymnasium and playground and is compatible with any curriculum.

The S.M.A.R.T. Program is related to the areas of language development, reading, math, writing, physiological readiness, coordination and attention.

Students are continuously challenged and stimulated by the activities that are incorporated into their daily academic routine. S.M.A.R.T. sites report high levels of academic achievement.

We are excited about your child's involvement in the S.M.A.R.T. Program!