

What is S.M.A.R.T.?

S.M.A.R.T. is an exciting program that stands for Stimulating Maturity through Accelerated Readiness Training. It is a multi-sensory approach to learning and involves brain stimulation activities that are integrated into the classroom to help prepare children to learn. The program develops visual, auditory, balance, fine and gross motor skills, which are all essential for classroom and academic success. The S.M.A.R.T. Activities also improve your child's physical fitness, strength, coordination and ability to pay attention. Once these readiness skills are in place, your child will have the foundation necessary to succeed in school. Some S.M.A.R.T. activities include:

- Crawling • Spinning • Creeping
- Balancing • Overhead Ladder • Rolling

If you have any questions, please contact your child's homeroom teacher.

