



Dear Family,

This year, your child will be participating in an exciting program called S.M.A.R.T., which stands for Stimulating Maturity through Accelerated Readiness Training. S.M.A.R.T. is a multi-sensory approach to learning that involves brain stimulation activities to help prepare your child to learn. This program develops visual, auditory, balance, fine and gross motor readiness skills, which are all essential for classroom and academic success. The S.M.A.R.T. Activities also improve your child's physical fitness, strength, coordination and ability to pay attention. Once these readiness skills are in place, your child will have the foundation necessary to succeed in school.

S.M.A.R.T. Activities involve a number of purposeful exercises, including:

- Crawling
- Creeping
- Overhead Ladder
- Spinning
- Balancing
- Rolling

The S.M.A.R.T. Activities will be integrated into the daily classroom schedule in a fun and positive way to help your child reach his/her learning potential. If you have any questions, please do not hesitate to contact me.

Sincerely,

Your Child's Teacher