

Station Ideas

This is a possible layout for a designated SMART room. Note that some of the stations have 2 activities for the children to rotate through. This layout emphasizes the CORE activities—2 crawling, creeping, rolling and balance stations.

1) Crawling and Balance Beam

2) Eye Movements

Peg arc, sliding beads, beanbag toss, balloon pat, foot stomper, swinging ball, saccadic yardstick. Etc.

3) Creep Track and Rolling

4) Visual Perception

puzzles, Where's Waldo, Hidden Pictures, mazes

5) White Board Activities

6) Crawling and Hopscotch

7) Learning Ladders

Use bean bags, Beanie Babies, balls of different sizes, Hippiity Hops, etc.

8) Balance and Hopscotch/Symbol-scotch

stepping domes, balance boards, rocker boards, etc.

9) Fine Motor Activities

10) Rebounder with Learning Ladders

11) Creep Track and Rolling

*When finished with stations, all sit and do Basic Vision.
25 on/off flashes...1 second on, 5 seconds off.*